

# verine Wi

Find us online www.springlake-earth.org

### Monday the 7<sup>th</sup>:

- Elem/JH Staff @ 7:30
- AG-Plainview Officer Test
- District Golf @ Plains

#### Tuesday the 8<sup>th</sup>:

District Tennis @ Lubbock

#### Wednesday the 9<sup>th</sup>:

- Site Base @ 7:30
- District Tennis @ Lubbock
- State FCCLA

### Thursday the 10<sup>th</sup>:

- SEHS Staff @ 7:30
- District Track @ Sudan
- State FCCLA
- Thursday Training: 3-8 Math

#### Friday the 11<sup>th</sup>:

- II & III TRS Due
- State FCCLA

### Saturday the 12<sup>th</sup>:

State FCCLA



Congrats to Zach Rowan Regional Qualifier

UL Social Studies

#### Words of the Week

**Cliche** (n) over-used expression Profligacy (n) wasteful & immoral behavior



## MUNNY BUOSSON

#### **Iris Castillo Ramirez** Class of 1999

Wanted to be 'when I grow up': Professional basketball player Became 'when I grew up': Athletic Trainer/Certified Personal Trainer/Corrective Exercise Specialist & Performance Enhancement Specialist

Current Job/City: Stay at home Mom/co-Founder (with husband Manny) & Director of Foundations 6:19

University/Degree/Number of Yrs: Iowa State University/BS Exercise Sports Science/4 yrs.; Texas Tech University/Masters Sports Administration/2 yrs.

Words of Wisdom: "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight. Do not be wise in your own eyes; fear the Lord and shun evil. This will bring health to your body and nourishment to your bones." Proverbs 3:5-8 NIV 1 try my best to live my life according to God's Truth . . . and when I falter, I need only lean on Him again for strength, guidance & hope.

Greatest Influence While at SEHS: Hard to pick just one . . . all my teachers, coaches & administration were amazing! Mrs. Riley (3<sup>rd</sup> Grade) helped me love school at a young age. Coach Penquite simply because he actually taught us and made sure we took good notes. Mr. Gaston because he made science fun and challenged me to think outside the box. Mrs Conkin (BCIS) because she taught me to be excellent in everything I put my name on - no excuses for mistakes. Mr. Vaughn (principal) was a great leader but also knew how to relate to us. All my coaches pushed us to want to win and to be a team no matter what role we played!

Best Part of Attending SEHS: Growing up with the same friends and feeling safe in my school and my town.

## Great People FROM SE ISD!

Greated BY: DIGITA INTERACTIVE media glass



www.SPrINGLAKe ~eArTHOrg

Find us online!